

Demystifying Resistance



Caring for Someone with Dementia: How You Help Makes a Difference

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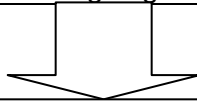
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How Can We Help With Resistive Behaviors?

FIRST – Describe the Behavior

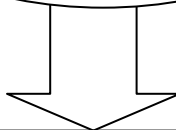
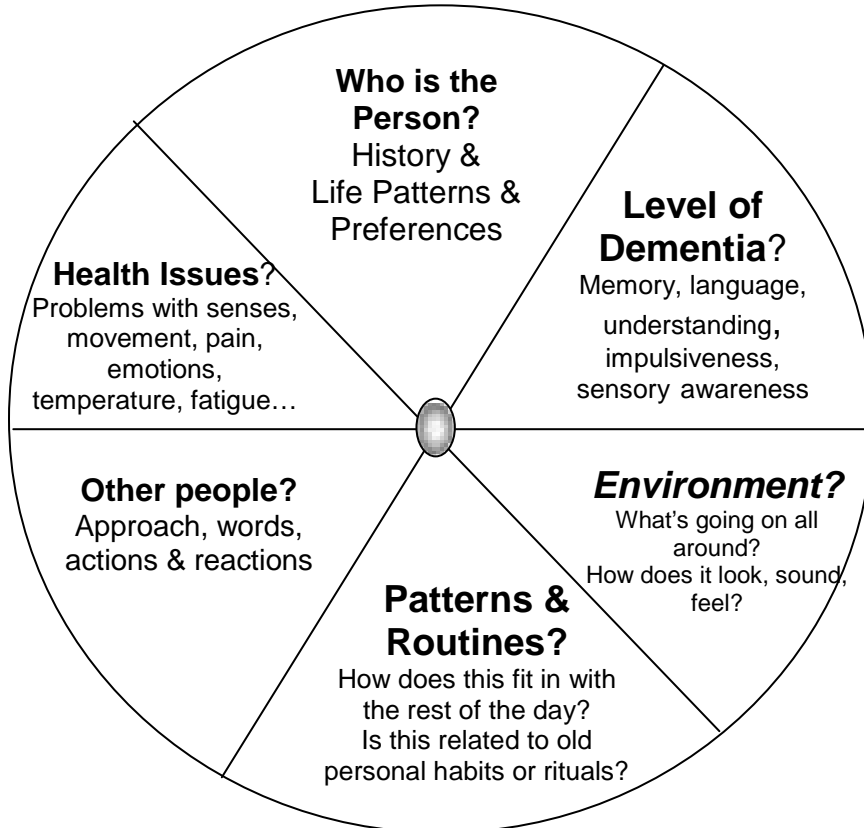
Use *OBJECTIVE* words

What happens? Where does it happen? Who is involved? When does it happen?
What else has been going on during the day?



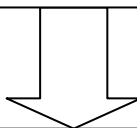
THEN... Figure out what you know and what you don't know!

Take the time to fill in ALL the pieces of the puzzle!



NOW --- BRAINSTORM –

Given all the pieces of the puzzle... What do you think is going on?
How would you explain the behavior of this person?



THEN --- COME UP WITH AN ACTION PLAN!

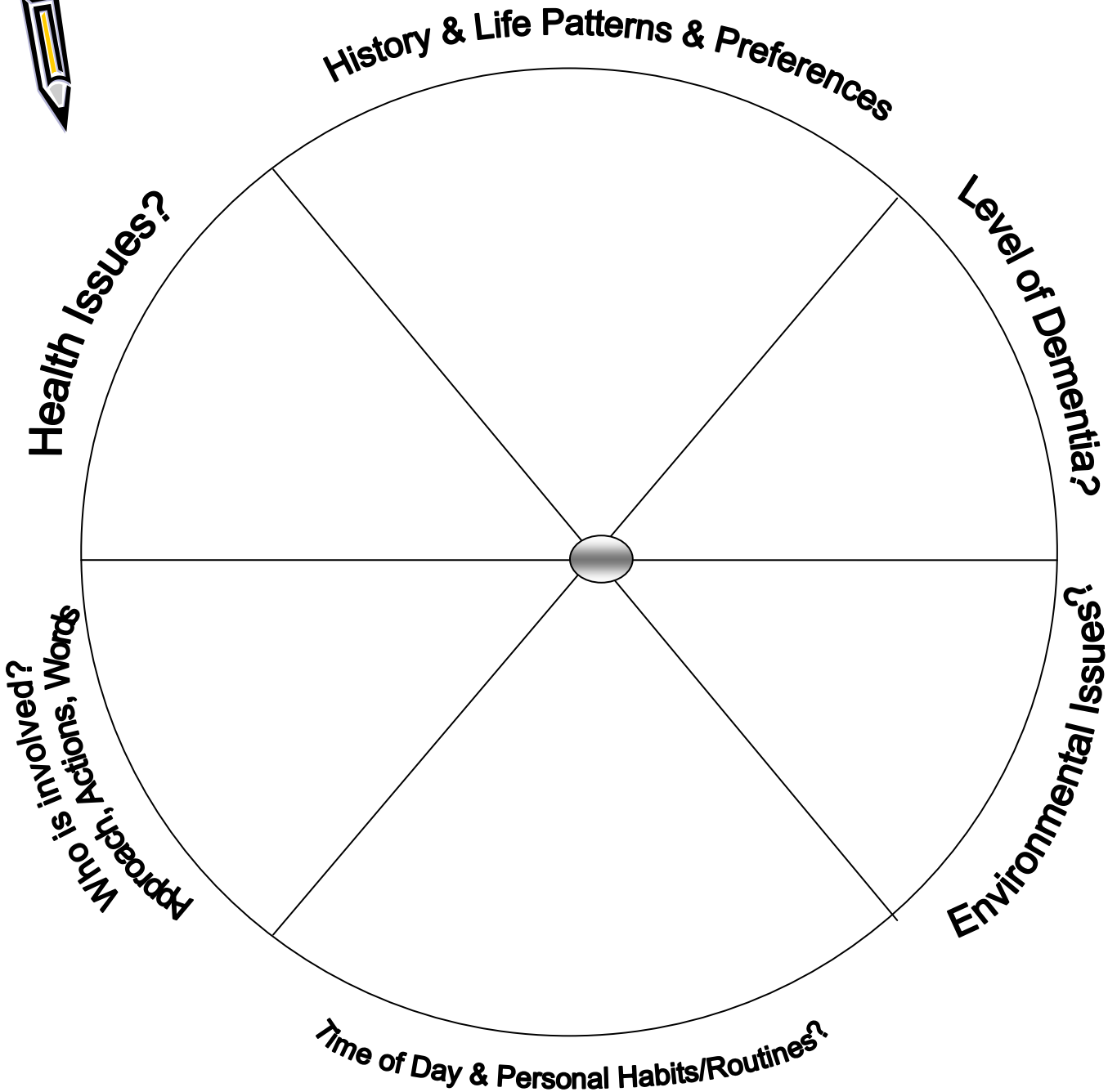
What will you try?
How do you think it might help?
How will you know if it works?
Who will be doing what?

First – Describe the Behavior – Be Objective

- What happens?
- Where does it happen?
- When does it happen?
- Who is involved?
- What is said? Done?
- How does it start? Stop?

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don't know. Fill in all the parts of the puzzle.



NOW --- BRAINSTORM –

Given all the pieces of the puzzle... What do you think is going on?
How would you explain the behavior of this person?

THEN --- COME UP WITH AN ACTION PLAN!

What will you try?
How do you think it might help?
How will you know if it works?
Who will be doing what?