

Demystifying Resistance



Caring for Someone with Dementia: How You Help Makes a Difference

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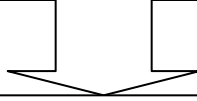
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How Can We Help With Resistive Behaviors?

FIRST – Describe the Behavior

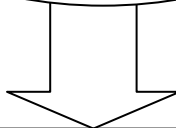
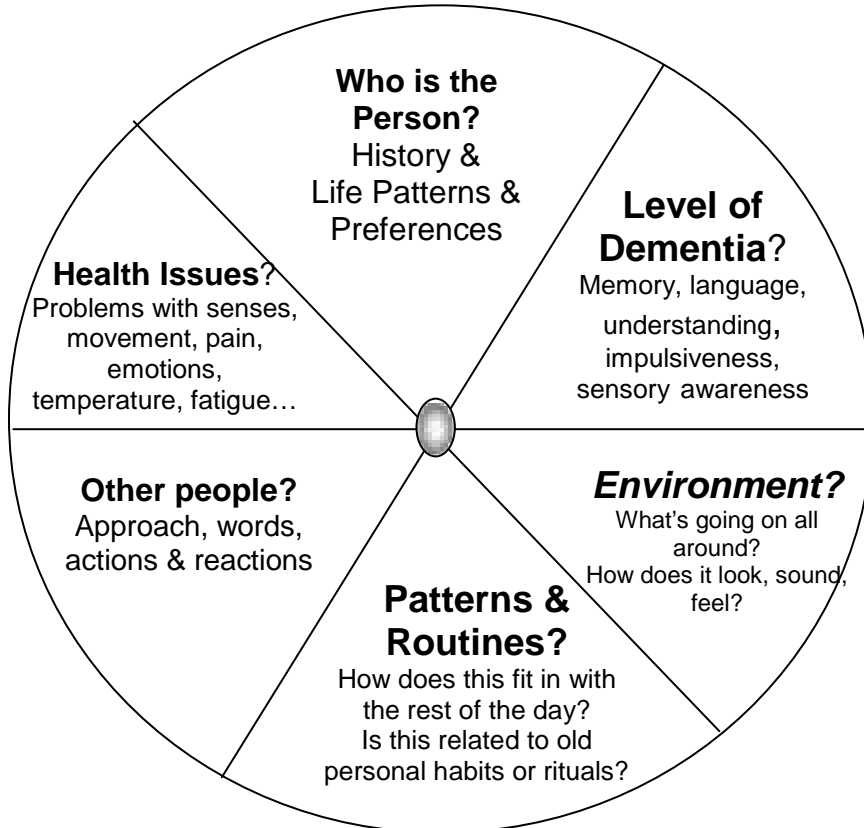
Use *OBJECTIVE* words

What happens? Where does it happen? Who is involved? When does it happen?
What else has been going on during the day?



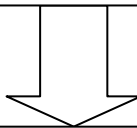
THEN... *Figure out what you know and what you don't know!*

Take the time to fill in ALL the pieces of the puzzle!



NOW --- BRAINSTORM –

Given all the pieces of the puzzle... What do you think is going on?
How would you explain the behavior of this person?



THEN --- COME UP WITH AN ACTION PLAN!

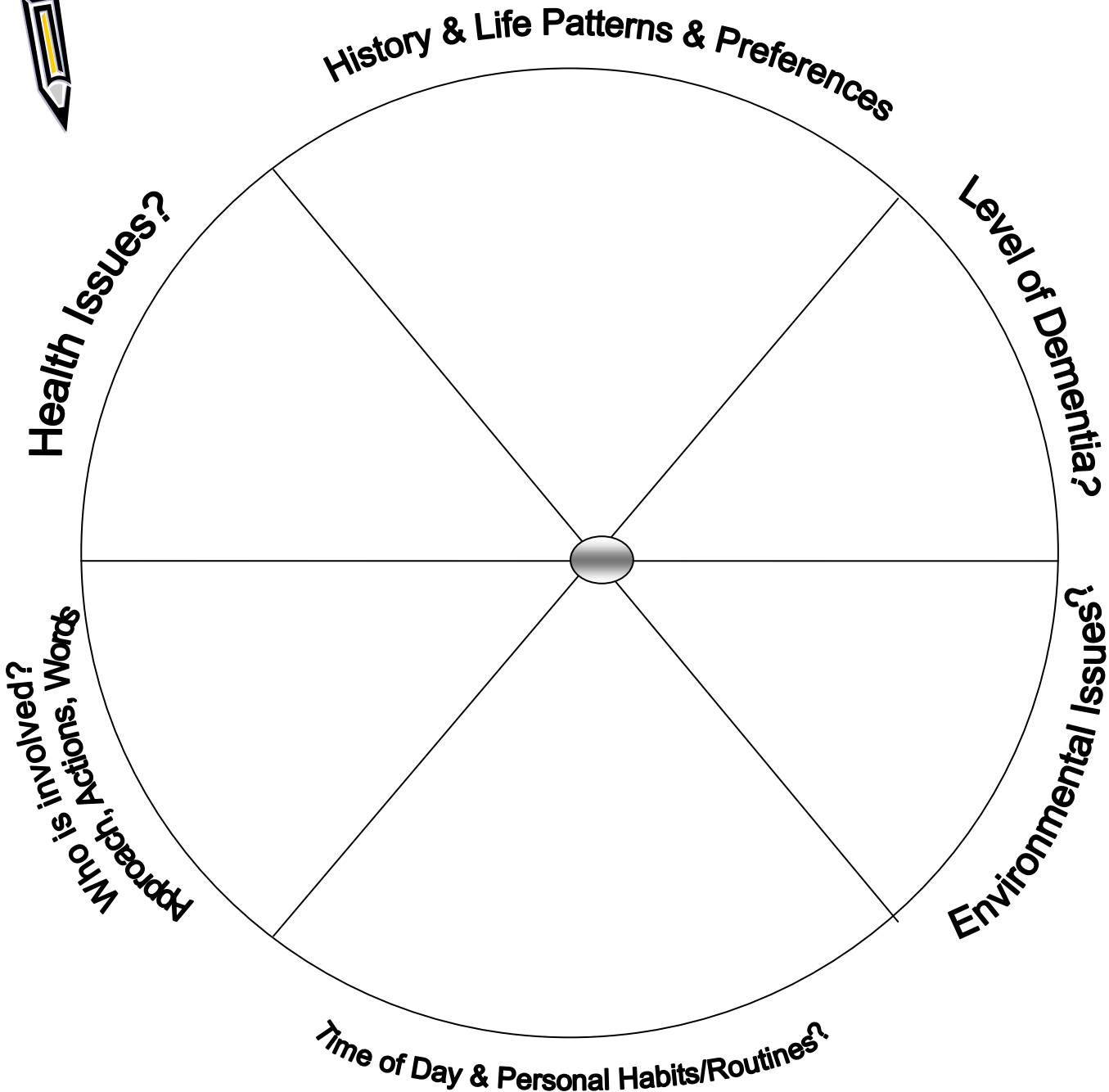
What will you try?
How do you think it might help?
How will you know if it works?
Who will be doing what?

First – Describe the Behavior – Be Objective

- What happens?
- Where does it happen?
- When does it happen?
- Who is involved?
- What is said? Done?
- How does it start? Stop?

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don't know. Fill in all the parts of the puzzle.



NOW --- BRAINSTORM –

Given all the pieces of the puzzle... What do you think is going on?
How would you explain the behavior of this person?

THEN --- COME UP WITH AN ACTION PLAN!

What will you try?
How do you think it might help?
How will you know if it works?
Who will be doing what?